



What: a 5k snowshoe race

When: Saturday, February 18; Day of race registration from 8:30 – 9:30 a.m.; Race starts at 10 a.m.

Where: Sunnycrest Park, Syracuse, N.Y.

Prizes: To Top overall male and female, plus a prize raffle for all participants

Don't own snowshoes? No problem. Snowshoes will be available to rent for \$5

To learn more about snowshoeing, stop by Fleet Feet Sports any time!



Directions: To reach the Golf Clubhouse/Ski Lodge, take I-690 East to the Midler Ave. exit, turn left on Midler, then left on Burnet Ave. From I-690 West, turn left at the end of the ramp onto Burnet Ave. Go west on Burnet Ave. six blocks, turn right on Hickok Ave. and go one block. Turn left on Caleb Ave. The Golf Clubhouse is at the end of Caleb.

Parking: Park either at Henniger HS or at Sunnycrest Park Ski Lodge

**Entry Form**

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LAST NAME

FIRST NAME

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NUMBER AND STREET ADDRESS

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TOWN/CITY

STATE/PROV

ZIP/POST CODE

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EMAIL: \_\_\_\_\_

SEX

AGE

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PHONE: \_\_\_\_\_

RACE USE ONLY

In consideration of your accepting this entry, I the undersigned intending to be legally bound, hereby for myself, executors and administrators, waive and release any and all rights and claims I may have against Fleet Feet Sports, the Syracuse Department of Parks and Recreation, volunteers, sponsors, their representatives, successors and assigns for any and all injuries suffered by me in the Fleet Feet Snowshoe 5k. I attest and verify that I am physically fit and have trained sufficiently for the competition of this race. I hereby grant permission to Fleet Feet Sports and any other sponsors of this event to use all the information submitted in this entry, and any record of this race containing my likeness, as well as race results including my name and competition time, for any purpose whatsoever, including but not limited to, race publicity.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian Signature (if under 18) \_\_\_\_\_

**Entry Fee Enclosed (no refunds)**

Snowshoe 5k: \$10 pre-registration (must be received by 2/11); \$15 race day registration

Snowshoe Rental (while supplies last): \$5

**Total enclosed.**

Make checks payable to: **Fleet Feet Sports**

Return completed application and entry fee to **Fleet Feet Sports**  
**Attn: Fred Joslyn**  
**5800 Bridge St.**  
**E. Syracuse, NY 13057**

